

Content Interaction Exercise Grid

Start with: What is the primary goal for the participant activity?

- Get to feel comfortable with other people in the room
- Connect with what they already know about the topic
- Practice what they have learned
- Reflect on how to apply the content to themselves/their orgs
- Brainstorm ways to apply what they learn to themselves/their orgs
- Expand on the solutions they are considering
- Get feedback on their idea(s)
- Refine their idea(s)
- Flesh out their idea(s)

One Training Goal: _____

Then choose activity type and number of participants

<u>Activities</u>	Solo	Pairs & Triads	Small Group (4-10)	Large Group/ Everyone
Thinking/ Reflecting/ Assessing				
Writing				
Discussion, Listening + Talking				
Moving				
Making				
Other				

Activity Options

Solo:

Think about, Write down:

- Your strength, area(s) for improvement, ideas on the topic
- Your answers to a question posed
- Solutions, Challenges, SWOT (Strengths, Weaknesses, Opportunities, Threats)
- Take an assessment & reflect on results
- Reflect on current actions/responses – how you might do it differently in the future
- Making/model building/drawing
- Commitment to future action (futureme.org)

Pair/Triad

- Share from solo work with 1 or 2 other people
- Share + get feedback to refine ideas/approaches, flesh ideas out
- Share directly without solo work – my strength, what excites me, makes me happy, my viewpoint on/experience with topic/content, a drawing, score from assessment
- Introductions w/ topic related information (could include name tag w/ descriptors); 2 introduce themselves to each other, then to another Pair/Triad
- Peer coaching – Can be 1 to 1 or 2 to 1
 - Coach participants on supportive listening first
 - 1 shares answers to a question posed, challenges, etc. Others listen, inquire, guide, support
- Role play
- Create a demonstration, act out a concept
- Draw, make, build a model

Small Group

- All of the above in group, time limited per person or divided equally among group members
- Discussion question/topic
- Brainstorming
- Work on describing solutions produced in brainstorming
- Individuals each share
- Group role play, create demo, act out concept
- Group creates a drawing/concept poster
- Group making/model building

Large Group/Everyone

- Processing/sharing outcomes from previous solo, pair/triad or small group work
- All inclusive discussion
- Popcorn – limited number of folks report out
- All report out
- Facilitated report out – who heard about X? about Y?
- Spectrogram